

**Dr. Kiran Rao**

Bangalore

Consultant Clinical Psychologist

17.06.2009

### **Letter of Recommendation**

PARIVARTAN is a community based organization engaged in training of counselors and providing counseling and consulting services. I would like to mention a few words in support of the organizations' work in each of these areas.

#### ***Training***

The training program for counselors is one of its kind in India. At a time when training programs and counseling services have mushroomed in the country due to lack of proper regulation and monitoring, PARIVARTAN set its own benchmark of maintaining the highest standards. It is careful in the selection of trainees, making them undergo a basic skills program as a prerequisite. The training itself is systematic and rigorous, combining a good balance of theoretical knowledge and practical skills. What is even more important is the continuous support it provides for the personal and professional development of its staff as well as its alumnus. Overall, the training ensures that highly motivated individuals are well equipped to serve the community in alleviating distress.

#### ***Services***

Clients availing of the counseling services have been increasing steadily. This itself is a reflection of the quality of the services and the satisfaction of the consumer. The intake procedure and allotment of counselor to client is done in a very professional, yet caring manner and ensures that the client's emotional needs are taken care of, while at the same time addressing practical concerns of logistics of access. In recent years, PARIVARTAN has added outreach services, especially for underprivileged children, and is making an extremely valuable contribution to the society.

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### **Consultancy**

PARIVARTAN is making a significant contribution to the community at large by sharing its knowledge and skill base with other Non-Governmental Organizations, academic institutions and service providers. This is important in an area where the demand – supply gap is huge and the numbers of trained professionals are limited.

The PARIVARTAN team comprises of competent, dedicated and dynamic individuals, led by an extremely good team leader, it's executive director, Ms Malini Sridhar. Overall, it has been a pleasure to be associated with PARIVARTAN and see it grow from strength to strength.

*Kiran Rao*

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